Canteen ‘buyers guides’ or ‘registered product lists’ list healthier versions of commercial food and drink products identifying them as either Everyday (Green) items or Select Carefully (Amber) items. These guides assess each product using nutrient criteria to ensure they align with the various State Governments’ canteen policies, making it easier for canteens to identify healthier products.

**Things to consider when using buyers guides and product lists**

- Make sure it is a reputable guide. The guides listed below are recommended.
- Some food and drink products listed in these guides may vary from the Victorian Department of Education and Early Childhood Development’s School Canteens and Other School Food Services Policy¹, so always refer to the policy for the best advice.
- If a product is not listed in these guides it may still be suitable. Check the product against the Food guide tables and ‘Nutrient criteria for Occasionally foods’ in the Healthy Canteen Kit - Food Planner². Or simply contact the Healthy Eating Advisory Service on 1300 22 52 88 or heas@nutritionaustralia.org for advice.

**Victorian School Canteen Association Buying Guide**

Products found in the Victorian School Canteen Association (VSCA) Buying Guide meet the Victorian School Canteens and Other School Food Services Policy. See [www.vsca.org.au/Activities/BG.htm](http://www.vsca.org.au/Activities/BG.htm)

**The Healthy Kids School Canteen Buyers’ Guide**


**WA Star Choice Canteen Buyer’s Guide**

The Star Choice Food Registration Program and Canteen Buyer’s Guide list mainly processed foods that meet theFOCiS nutrient criteria which underpin the WA Government’s Healthy Food and Drinks Policy for schools. See [www.waschoolcanteens.org.au/pages/starchoice/01-starchoice.htm](http://www.waschoolcanteens.org.au/pages/starchoice/01-starchoice.htm)

**Disclaimer:** The Healthy Eating Advisory Service and Nutrition Australia provide this information as general advice only. Brand names and products featured in the above mentioned resources are not endorsed over any other brand.

To receive this document in an accessible format 1300 22 52 88 or email heas@nutritionaustralia.org

Except where otherwise indicated, the images in this publication show models and illustrative settings only, and do not necessarily depict actual services, facilities or recipients of services.

© Copyright State of Victoria, Department of Health 2013
