

School community survey

Survey to involve the school community in healthy eating

Students, staff, volunteers, families, businesses and community groups are invited to support our school in promoting healthy eating by providing your feedback and ideas to the following questions.

After answering the questions below, please return your responses to the school administration.

Question 1 How satisfied are you with the foods and drinks provided at school?

Use the scale to rank (from 1 – 5) your level of satisfaction with the following areas.

Variety of healthy choices (e.g. healthy hot and cold foods, snacks and drinks are available)

1 Very poor 2 Poor 3 Neutral 4 Good 5 Very good

Availability of culturally appropriate options (e.g. foods and drinks meet the needs of all groups attending the school)

1 Very poor 2 Poor 3 Neutral 4 Good 5 Very good

Cost of food (e.g. items are affordable for students)

1 Very poor 2 Poor 3 Neutral 4 Good 5 Very good

Question 2 What changes can you suggest for the school's food service?

Use this section to discuss your answers to Question 1.

Question 3 Which foods and drinks would you like to see offered at school?

Please give ideas that contain mostly: fruits, vegetables, legumes and beans, wholegrain breads, cereals and grains, lean meats, skinless poultry, fish, eggs, tofu and reduced fat milks, yoghurts and cheeses.

Hot foods (e.g. toasted sandwiches)

Cold foods (e.g. pasta salad)

Snacks (e.g. frozen watermelon wedges)

Drinks (e.g. reduced fat flavoured milks)

Question 4 What information would you like?

Please use the checklist to tick all the areas that suit your needs.

I would like information about:

- Information about the DET *School Canteens and Other School Food Services Policy*
 - School food service menu and specials
 - Details of healthy eating events and activities being hosted by the school
 - Invitations to assist with healthy eating events and activities at the school
 - Healthy eating messages, tips and strategies to encourage healthy eating outside school hours
 - Other (please provide details below)
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I prefer information sent to me by:

- Newsletter (printed copy)
 - Email and e-Newsletters
 - Website
 - Announcements (in classrooms and assemblies)
 - Information sessions (day / night)
 - Other (please provide details below)
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Question 5 How can you assist the school to promote healthy eating?

Please use the checklist to tick the boxes that best represent you.

I can assist the school to promote healthy eating by:

- Assisting with the school food services (e.g. canteen volunteer, lunch order collection etc.)
 - Joining a healthy eating or health and wellbeing committee to help guide the schools healthy eating activities / events
 - Assisting with the planning of healthy eating events / activities (e.g. cultural celebration days, theme days, healthy fundraising events, information nights etc.)
 - Helping to deliver healthy eating events / activities (e.g. celebration day meal donations, food/drink stall or BBQ assistant, selling fundraising items, set-up/pack-down for special events)
 - Providing feedback about healthy eating events and activities to improve outcomes in the future
 - Other (please provide details below)
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