

Survey people who will use the vending machine to get an idea of their food and drink preferences and products that are likely to sell.

The foods and drinks you can offer in vending machines depend on a number of factors, including product turnover and preferences of consumers, shelf life, style of the machine and whether or not refrigeration is available.

The tables below outline common foods and drinks for vending machines that are classified **GREEN (best choices)** or **AMBER (choose carefully)** according to the Victorian Government's [Healthy Choices guidelines](#).

You can also find healthier products on FoodChecker. Search the database to find drinks, snacks, and classified as **GREEN**, **AMBER** or **RED**.

Get started at www.foodchecker.heas.health.vic.gov.au.

GREEN (Best choice)	AMBER (Choose carefully)	GREEN or AMBER options ¹
Non-refrigerated foods		
<ul style="list-style-type: none"> Plain unsalted nuts, seeds or legumes Plain, air-popped popcorn (unsalted) Fruit tubs in natural juice Porridge or oats High fibre cereals that are low in sugar 	<ul style="list-style-type: none"> Dried fruit Some salted or flavoured popcorn¹ Some crisps, chips, crackers and pretzels¹ Some cereal-based, fruit-filled or fruit and nut bars¹ Some instant noodles¹ Sugar-free mints or chewing gum 	<ul style="list-style-type: none"> Fruit and nut/trail mixes Tuna and cracker snacks Tuna and rice or beans Packaged soups
Refrigerated foods		
<ul style="list-style-type: none"> Reduced fat yoghurt tubs or pouches Reduced fat cheese and crackers Reduced fat dip and crackers 	<ul style="list-style-type: none"> Regular fat yoghurt tubs or pouches Regular fat cheese and crackers Some reduced fat dairy desserts¹ Some ready-to-eat meals¹ 	<ul style="list-style-type: none"> Sandwiches, rolls or wraps (if suitable for the machine)
Cold drinks		
<ul style="list-style-type: none"> Plain water (still or sparkling) Water flavoured with natural essence Soda water Reduced-fat plain milk Calcium-fortified milk alternatives (including rice, soy or almond milks) 	<ul style="list-style-type: none"> ≥99% fruit juice with a maximum serve size of 250ml Regular fat plain milk Some regular fat flavoured milks¹ Artificially sweetened drinks Kombucha with 0g sugar per serve and no more than 0.5% alcohol Coconut water with no added sugar and ≤300kJ per serve 	<ul style="list-style-type: none"> Reduced fat flavoured milks¹

¹ Use FoodChecker to determine classification. <http://foodchecker.heas.health.vic.gov.au/>