

There are many ways to support a healthy eating culture in your school, and many organisations who can continue to build healthy eating and oral health messages into your curriculum, policies and practices. Use one or all of us - we are here to help!



## CURRICULUM & RESOURCES

You can get support to develop teaching and learning programs that incorporate healthy eating and oral health, across all areas of the curriculum.

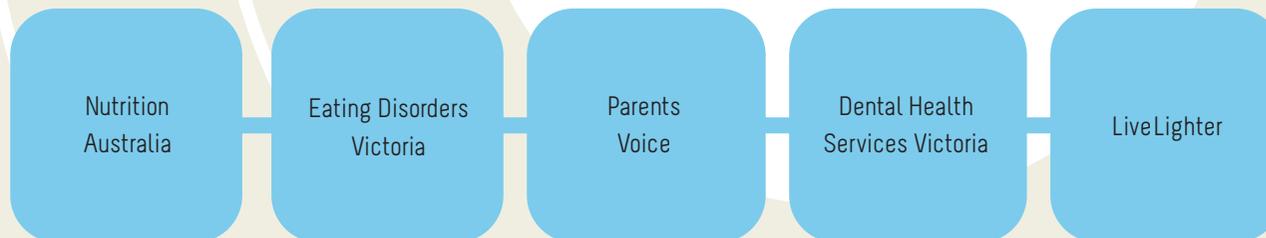


## SUPPORT

You can get support to embed healthy practices.



Who works together to support  
**HEALTHY EATING  
AND ORAL HEALTH**  
in Victorian Schools



## INFO

You and your families can get information and resources about healthy eating and oral health.

Click on a button for more information about the organisation



## CANTEENS

You can get support to create healthy canteens.

# HEALTHY EATING AND ORAL HEALTH

## in Victorian Schools

Healthy Eating Advisory Service

The **Healthy Eating Advisory Service** funded by the Victorian Government, and delivered by Nutrition Australia to provide free information, training, and menu assessments and support to have a healthier canteen menu and promote healthy eating in Victorian schools.

Achievement Program

The **Healthy Schools Achievement Program** is a free membership program supporting schools to become healthier places. We help you achieve best practice policies and practices in health and wellbeing and receive Victorian Government recognition for your work.

The Primary & Secondary School Nursing Program

The **Primary and Secondary School Nursing Programs** aim to improve the health and wellbeing of students and the school community from prep to year 12, through health promotion and health education, as well as linking children and families to other community-based health and wellbeing services.

Local community health organisations

Health promotion teams from local councils and community health organisations can often support schools in their area to embed healthier practices. Your local community health organisation is

The Victorian Curriculum & Assessment Authority

The **Victorian Curriculum and Assessment Authority** is a statutory authority, serving both government and non-government schools. The VCAA develops and implements the curricula and assessment for all students in Victoria from the early years to senior-secondary. The VCAA's mission is to provide high quality curricula, assessment and reporting to enable learning for life.

To support the implementation of the Victorian Curriculum F-10, the VCAA offers a range of curriculum-area specific and cross-curriculum resources to assist teachers to plan, assess and find curriculum-related teaching resources.

ACHPER  
Victorian Branch

**ACHPER Victoria** is a non profit professional teaching association whose mission is to enhance, support and advocate for high quality health and physical education in Victoria through effective engagement with teachers, schools and communities.



**Nutrition Australia** is a national, not-for-profit, non-government organisation and has expertise in the delivery of nutrition education programs and services. We specialise in supporting schools to create healthier school environments and improve the health and wellbeing of students, parents and the community.

PARENTS' VOICE

**Parents' Voice** is an online network of parents who are interested in improving the food and activity environments of Australian children. Parents' Voice was formed in 2004 and represents thousands of Australian parents.

dental health services victoria  
oral health for better health

**Dental Health Services Victoria** is the lead oral health agency in Victoria, offering a range of resources designed to support teachers, school nurses, students and their families.

LiveLighter

**LiveLighter** encourages Victorian adults and parents to lead healthier lifestyles by making simple changes to their eating, drinking and physical activity habits.

eating disorders victoria

**Eating Disorders Victoria** is the primary source of support, information, education, navigation and advocacy for Victorians with eating disorders and their families. Our mission is to reduce the duration and severity of eating disorders.

home economics victoria since 1958

**Home Economics Victoria** is a professional teacher association, a registered training organisation and a charity providing consultancy, professional development, training and resources for teachers of food studies, health and home economics.



The **Stephanie Alexander Kitchen Garden Foundation** supports educators to deliver pleasurable food education through a kitchen garden program. We provide professional development, educational resources, an online community and ongoing real-time support for teacher's early years centres, primary and secondary schools.

Ph!

**Phenomom** curriculum-aligned videos, podcasts, lesson plans and activities to support food literacy, cultivate curiosity and encourage a positive relationship with food.