

Professional Development Survey

Cooks Connect

Below are suggested questions to use to measure the satisfaction of the professional development sessions in your cooks network.

These questions can also assist in measuring cooks increase in knowledge and confidence in implementing skills learned during the session. If survey fatigue is a concern, you can opt to collect feedback verbally at the end of the session.

Key Tip

Avoid using a “neutral” category in the Likert scale. Using a “neutral” category does not provide quality evaluation information.

- 1. The *(professional development topic content)* was easy to understand.**
Scale: strongly agree, agree, disagree, strongly disagree
- 2. I will use the knowledge and skills I have gained today in the *(professional development topic content)* professional development session.**
Scale: strongly agree, agree, disagree, strongly disagree
- 3. Overall, I am satisfied with the *(professional development topic session)*.**
Scale: Very satisfied, satisfied, unsatisfied, very unsatisfied
- 4. How confident do you feel to *(add skills relevant to professional development topic*)*?**
Scale: very confident, confident, not very confident, not at all confident
- 5. My confidence to *(add skills relevant to topic*)* has improved after participating in this session.**
Scale: strongly agree, agree, disagree, strongly disagree
- 6. Any other feedback for the improvement of professional development sessions? (Open Text)**
- 7. Would you like further support to implement *(insert professional development topic*)*? Yes/No**

*Example inserts:

- *Modify your menu to meet the Menu planning guidelines for long day care*
- *Complete a menu assessment using FoodChecker*
- *Implement strategies to manage fussy eating*
- *Modify your menu and recipes to meet the needs of children with allergies and intolerance*

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